

# Sports Medicine Department

MEMORIAL  
HIGH SCHOOL  
ATHLETIC TRAINING  
PROGRAM



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This handbook will outline the policies and guidelines that our student athletic training program must uphold to be successful and productive.

# Policies and Procedures Handbook



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## Introduction

The Frisco Independent School Districts Sports Medicine Department would like to welcome you to our student athletic training program. The Sports Medicine program is growing with an increasing number of teams and athletes. With these increasing numbers, it is difficult to provide quality medical coverage to every team at Memorial High School. The Student Athletic Trainer (SAT) acts as an extension of the Athletic Trainer and assists in providing medical coverage to the athletes and teams at Memorial. This can be a large responsibility for the SAT.

The student athletic training program has two major objectives. The first objective is the responsibility for the immediate care of injuries of the student-athlete. The second objective surrounds the educational competency expected from the student athletic trainer. To accommodate both objectives simultaneously, policies and procedures have been established to guide program directives. Such organization and uniformity of program goals will result in efficient and effective athletic training practice.

We expect the Student Athletic Trainer to be able to follow the rules and guidelines, perform first aid, wear the appropriate uniform, and to maintain good grades in the classroom. We expect the SAT to assist when necessary, and to be a good representative of Memorial High School and the Frisco Independent School District. The SAT will work under the direct supervision of the Licensed Athletic Trainer on staff. He/She will assist with all day-to-day duties and activities in the athletic training room.

This handbook was designed to help develop discipline and offer guidance about the program. This handbook does not replace the Memorial High School Student Handbook, nor is this handbook all-encompassing about the Sports Medicine program. It is the responsibility of the Student Athletic Trainer to read, comprehend, and be familiar with all the policies in the handbook.



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## **Mission Statement**

The Sports Medicine Department strives to provide quality healthcare services to all student-athletes. Our team of multi-skilled professionals utilizes evidence-based research to arrive at a comprehensive approach to ensure the safety of each student-athlete. This is accomplished through the practice of Athletic Training, which includes the prevention, recognition, evaluation, and rehabilitation of sports injuries, along with the dissemination of educational information that pertains to athletic injuries.

The program will help students learn responsibility for their work while being held accountable for their actions. Providing students an ability to work with medical professionals in various settings in both an educational and professional environment.

## **Sports Medicine Philosophy**

The main premise of the Sports Medicine Department is that we care. This may be a simple idea, but we truly care about our profession and the student-athletes. It is the duty of the Sports Medicine staff to ethically treat all student-athletes fairly regardless of sport, age, gender, race, color or religion. In addition, the Sports Medicine staff is responsible for providing the best medical care possible within the confines of the resources that are available. Respectful and professional rapport between staff and patient will be extended to everyone and will be expected in return.



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## **Proper Supervision of the Student Athletic Training Program**

The National Athletic Trainers' Association recognizes, along with the Frisco ISD Sports Medicine Department, that allowing secondary school students the opportunity to observe the daily professional duties and responsibilities of an athletic trainer can be a valuable educational experience. This unique experience may expose students to the foundations of various health related careers as well as provide them with important life skills.

However, as professionals, we need to protect the students in our program and not allow anyone to expect our student athletic trainers to act independently with regard to the evaluation, assessment, treatment, and rehabilitation of injuries. Additionally, it is paramount that student athletic trainers not be expected, asked or permitted to make "return to play" decisions.

The FISD Sports Medicine Department will allow students athletic trainers to do the following:

- Aid in treatments under the direction of the Staff Athletic Trainer
- Aid in rehabilitation under the direction of the Staff Athletic Trainer
- Aid in taping under the direction of the Staff Athletic Trainer
- Aid in basic wound care under the direction of the Staff Athletic Trainer
- Aid in mentoring younger students under the direction of the Staff Athletic Trainer
- Aid in setup of practice and game sideline

In support of the National Athletic Trainers' Association Official Statement on Proper Supervision of Secondary School Student Trainers, the Frisco ISD Sports Medicine Department has established several approved educational environment settings to be utilized by student athletic trainer programs for the purposes of creating and facilitating well-rounded, diverse, and varied student-based learning opportunities.

The Approved Educational Environment Settings include the following sites and venues:

- Any Frisco ISD classroom on any campus within Frisco ISD
- Any Frisco ISD athletic training room
- Any Frisco ISD practice venue, including but not limited to campuses
- Any Frisco ISD athletic venue, including but not limited to field houses and stadiums
- Any non-Frisco ISD site or location deemed appropriate for athletic competition at which a Frisco ISD team may be scheduled to compete
- Any other site or venue deemed acceptable within the professional discretion of the Staff athletic trainer, or other Frisco ISD Sports Medicine Department personnel



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## Program Overview / Prerequisite

Due to the unique nature of athletic training you will be required to try out, complete an observational phase and apply for the student athletic training program. While in the observational phase, you will be required to follow all the rules of the athletic training program as stated in the handbook.

Athletic practices occur prior to and after school in addition to 1st and 4th period. You will be asked to be at an assigned practice.

The application process will begin in December of the Observational Phase. This will allow for you to be enrolled in the Athletic Training period. You will need to single block your schedule. Returning students may be allowed to double block Athletic Training if approved by Staff Athletic Trainers. Returning students will reapply yearly in March.

- You must enroll in the Sports Medicine Class and maintain a minimum grade of 80.
- You will be required to participate at Spring Football practice after school.
- You will be required to participate in Pre-Season Football and Volleyball in August.
- You will be required to attend practices, games and treatments as assigned per staff AT.
- **You will have an opportunity to purchase a uniform.**
- **You are expected to change into athletic training attire every day.**

## Student Athletic Trainer Expectations

First and foremost, Student Athletic Trainers are representatives of their school and community. They must exemplify behavior suitable to their position of leadership. Participation in the campus-based Athletic Training program requires a **serious time commitment**, similar to the dedication extended toward campus-based athletics. It is essential that student athletic trainers understand the time demands that are required to be a part of the program. Due to the nature of interscholastic sports, several long days, and some late nights are to be anticipated.

Participation in the extracurricular program is a privilege that carries additional expectations for acceptable conduct. Organization members are expected to behave in a manner that is becoming to the individual, as well as to the organization they represent. They should be aware that in or out of uniform they are representatives of the organization and the campus they attend and should act according in maintaining a higher standard of conduct.

Organization members will abide by school codes of conduct both in and out of uniform, both at and away from school. Any question of appropriateness will be decided by the designated campus official and sponsor. Because participation is a **privilege and not a right**, FISD is authorized to set higher standards for participants than it would for other students. This Extracurricular Code of Conduct will be enforced with all students participating in the Sports Medicine program. Regardless of whether school is in session; Regardless of



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whether the offense occurs on or off school property or at a school-related event; Regardless of whether the student is directly involved with the extracurricular activity at the time the prohibited conduct occurs; Regardless of whether the extracurricular activity is in-season; Regardless of where or when the conduct occurs. It is possible that a student who violates the Frisco ISD student code of conduct will incur consequences from both that appropriate school administrator and from his/her coach/ sponsor for the same violation. The Staff Athletic Trainers will have professional discretion to account for extenuating circumstances and removal from the program.

Participation in the campus-based Athletic Training program may also include the following duties and requirements from student athletic trainers:

### **Socializing**

Excessive socializing or fraternizing will not be tolerated in the training room. Keep the gossip, flirting and other outside issues out of the training room, practices, games and events. Cliques, gossip amongst teammates, and flirting only cause drama and problems for yourself and everyone around you.

**Drama will not be tolerated.**

### **Professionalism**

While you are primarily working directly under the Staff Athletic Trainers, you are also working with coaches and athletes. Respect, courtesy, and cooperation should characterize your relationship with all personnel. Should a coach ask something of you, which is inconsistent with what you have been taught, or told, cooperate with them and discuss the event with Staff AT when you return. Your job as an SAT is to assist the staff athletic trainers and the coaching staff.

If you have a problem with an athlete, it is imperative that you tell one of the Athletic Trainer's immediately so it may be taken care of.

### **SOCIAL MEDIA GUIDELINES**

This policy provides guidance for students use of social media, which should be broadly understood for purposes of this policy to include blogs, wikis, microblogs, message boards, chat rooms, electronic newsletters, online forums, social networking sites, and other sites and services that permit users to share information with others in a contemporaneous manner. This also includes text messages, snapchats, tweets and any other form of social media. Student athletic trainers will be required to add/follow Staff athletic trainers so appropriate monitoring can be upheld.

### **Traveling Guidelines**

Student athletic trainers will be responsible for personal transportation after practices and games once the team returns to campus or the field house.

### **Cell Phones**

Cell phones come in handy however; they will not be abused in the training room. Repetitive cell phone abuse could result in phones being checked in and out for practices and games.



## Attendance Expectations

- Attendance to **all scheduled activities, practices, and events is mandatory.**  
Including but not limited to:
  - Before school, during school, after school, weekends, holidays, any emergency practices called by the Staff Athletic Trainer are mandatory. Any type of absence may result in discipline by the Staff AT.
  - Summer Practices - participation in football two-a-day practices is required.
- The Staff AT reserves the right to pull any member from an event due to an absence, conduct or lack of effort.
- Tutorials may be attended **and are encouraged.** Tutorials will not interfere with the assigned sport practices or games. Leaving practice early to attend tutorials may result in discipline by the Staff AT.
- Members are expected to attend school ½ day in order to maintain eligibility for participation in any organizational activity.
- The status of an absence will be determined and disciplined by the Staff AT.

### Type of Absence:

All absences regardless of the type will need to be communicated with the Staff AT's, **at least 24 hours prior** to the absence occurring, and must be reported using the absence request link found on the MHS Sports Medicine website. Student Athletic Trainers are responsible for making sure their assigned duties have been covered as a result of the absence. Failure to do so may result in discipline by the Staff AT.

### Excused Absences

Reasons for excused absences include:

- Personal illness or accident
- Death in the family
- Religious holidays
- Special school UIL activity with Staff AT approval

Proper documentation must be presented to the coaches the day the SAT returns. Failure to do so may result in discipline by the Staff AT.

### Unexcused Absences

Absences for reasons other than those listed above will be unexcused (includes AT class).

### Unexpected & Unreported Absences

In the event of an unexpected absence the member must inform the Staff AT of the absence and the reason for the absence prior to the class/practice (email or call from parent)

The status of an absence or tardy will be determined and disciplined by the Staff AT.

### Missing a Scheduled Event

If you miss a scheduled event without notice or completing the change of coverage form, you will receive discipline by the Staff AT as well as 1 week of early morning training room duties.

### Switching Assigned Events

You may switch assigned event coverage with another student if the following criteria are met:

- Both of you agree to this change
- Both of you complete the required Change of Coverage form that can be found in the Training Room Offices
- The Change of Coverage form is signed off by a Staff AT.

### Late Arrival/Early Release

Students who are eligible to have late arrival or early dismissal WILL NOT be allowed to do so during the fall semester. While you may be enrolled in the class you will be required to attend all practices according to the schedule as late arrival or early dismissal will not be a valid excuse.





## Practice Expectations

- Attendance to all assigned sports, team activities, practices, and events is mandatory.
  - Missing practice may result in a discipline by the Staff AT.
- Members are expected to attend practice focused and prepared for the task ahead.
- Members are expected to arrive on time and attend the entire practice until dismissed by the coach or Staff AT.
  - Morning and afternoon practices are dependent on the assigned sport.  
(Additional practices added as needed)
- Missing more than ½ a practice = absence
- Student Athletic Trainers may not leave practice or the practice area without permission.
- Student Athletic Trainers will be in required uniform at the required time.
- Student Athletic Trainers will have all required athletic training equipment with them.
- Student Athletic Trainers are expected to fulfill their duties without being asked.
- Student Athletic Trainers are expected to remain focused during all practices.
- Tutorials may be attended and are encouraged. However, if a member leaves practice early without the Staff AT's approval, disciplined by the Staff AT.

## Duties and Procedures

- Taping student-athletes
- Set up sports medicine equipment for practice and/or game event coverage
- Clean and put away sports medicine equipment after practice or events
- Hydration of student-athletes
- Inventory and stocking of supplies
- Cleaning of athletic training room
- Assisting with rehabilitation and therapy protocols
- Practice and/or game event set-up
- Assist with record keeping
- Report all injuries to the Athletic Trainer immediately
- Any other duties as assigned by the Athletic Trainer
- Arrive in a timely manner to prep the athletic training room for incoming student-athletes
- Enforce all athletic training room regulations
- Know your limits. Perform duties as instructed by the staff athletic trainer
- Stay Positive

The following are guidelines to follow:

- Student Athletic Trainers must check in with Staff AT on a weekly basis
- **Do not administer treatments**, especially those involving modalities, to anyone without permission from the Athletic Trainer or when the Staff AT is not present.
- Book bags and personal belonging are not to be left lying around the training room. Use the lockers provided.
- SAT's are prohibited to talk to anyone about the injury status to anyone except the coach of the sports involved. No friends, press, teachers, or parents
- All student information in the athlete's medical file is confidential. It is against the law to read or distribute this information under any circumstance
- The athletic training room is not a lounge. Keep friends and athletes out unless they are getting treatment or rehab.
- Learn as much as possible. Observe injury evaluations and ask questions at appropriate times



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## **Student Athletic Trainer Behavior Code**

Student athletic trainers are expected to conduct themselves appropriately at all times within the classroom setting, when performing student athletic trainer duties on or off campus, as well as during personal time. Any use of social media shall follow acceptable standards for decorum and content.

Appropriate behavior is defined as follows: Adhering to, and complying with any and all Frisco ISD student conduct policies, Fisd athletic department policies, Fisd Sports Medicine department policies, and any applicable campus athletic department policies.

The Athletic Training Program operates similar to all athletic teams at Memorial High School. The Athletic Trainer acts as the Coach and you are the athlete. We work together to provide daily coverage to the athletic teams. In order for the best medical care to be given, the daily operations must run smooth. At no time will this program or student athlete be placed in jeopardy because of your actions or behaviors as a student athletic trainer. Grounds for dismissal include but are not limited to:

- Disobeying the guidelines of this handbook
- Continuous irresponsibility
- Poor academic history (ineligibility)
- Failure to cooperate and work effectively with other student aides or athletes
- Continuous disciplining by the Athletic Trainer
- Verbal or physical abuse to any of the athletes, coaches, students or staff
- Any disrespect to the Athletic Trainer
- Any out of school incidents (arrests, fights, vandalism, etc.) that result in ISS, suspension or reassignment to another campus (SOC).
- Failure to attend practice and games
- Removal from a School Team or Club for disciplinary reasons.
- Failing Fisd Drug Test

In the event of misconduct that is not in line with the expectations described above, student athletic trainers shall be subject to any of the following disciplinary action(s) indicated below.

1. Individual conference with staff athletic trainer
2. Parent conference with staff athletic trainer
3. Student consultation with the assistant principal and staff athletic trainer
4. Campus-based disciplinary intervention as deemed appropriate
5. Removal from student athletic trainer program

Disciplinary intervention strategies will be administered in accordance with Frisco ISD policy, Frisco ISD athletic department policy, and campus-based discipline plans. In addition, disciplinary action may include professional discretion by the Staff athletic trainer to account for extenuating circumstances.

Any appeal of any disciplinary action administered shall be conducted in accordance with applicable Frisco ISD policy permitting such action. Otherwise, the intervention strategies invoked shall be deemed final. The Athletic Trainer has the final decision about the dismissal of any Athletic Training Student from the Sports Medicine Program.



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## Student Athletic Trainer Dress Code

Your personal appearance and hygiene is a direct reflection of your personality and the Athletic Training Program. You will be expected to always be within dress code and behave in a professional manner. Athletic Training is an Allied Health Profession and professional appearance must be maintained.

As a Student Athletic Trainer you will primarily work in three settings practices, home games and away games. Use the following guidelines to determine the proper attire for the event coverage. **You are expected to change out every day.**

- ❖ Practices
  - Pants: Wind pants, slacks
  - Shirts: Any Memorial HS t-shirt that fits in school dress code
  - Shorts: School colored appropriate shorts, fingertip length, at an appropriate fit.
  - Hats/Caps: May be worn for outside events only and must be a Memorial High School hat/cap.
- ❖ Home Games:
  - Pants: Khaki pants and or shorts as determined by Staff AT. (No Capris). You must be dressed alike when working together with another SAT.
  - Shirts: A school issued Sports Medicine shirt / polo
  - Hats/Caps: May be worn for outside events only and must be a Memorial High School hat/cap.
- ❖ Away games:
  - Pants: Khaki pants and or shorts as determined by Staff AT. (No Capris). You must be dressed alike when working together with another SAT.
  - Shirts: A school issued Sports Medicine shirt / polo
  - Hats/Caps: May be worn for outside events only and must be a Memorial High School hat/cap.

Key points to remember:

- Student Athletic Trainers working together must always be dressed alike. Get together and decide on clothing before the event occurs.
- The Athletic Trainer will make final decisions about inappropriate clothing and will make final decisions to wear pants or shorts and what color. The Athletic Trainer may also decide on what shirts to wear.
- Tennis shoes are **required**; flip flops and sandals **will not** be permitted at games or practices.
- **BE PROFESSIONAL** – you are a reflection of Memorial High School and the Sports Medicine Program.
- **Absolutely no jeans or leggings will be worn for any game or practice coverage!**
- Appropriate weather apparel is recommended for inclement weather during practice or games;

***\*Look neat and professional at all times to gain the respect of athletes, coaches, and parents. Take pride in your appearance and the appearance of your team! It is more important that you know!!!***



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## **Student Athletic Trainer Skills and Competencies**

Students involved with the Frisco ISD Athletic Training program will be expected to demonstrate minimal levels of competency as they progress through the campus-based Athletic Training program. Student athletic trainers shall be instructed and taught the various skills and competencies by the staff athletic trainer.

The structure and skill progression shall be left to the discretion of the staff athletic trainer, taking into account individual student ability and learning style. The competency skills test will be given to further increase knowledge and improve skills as a student athletic trainer progresses through the Athletic Training program.

### Level One Student Athletic Trainers:

- Student must learn the policies, procedures and responsibilities of a student athletic trainer.
- Student must be observant, ask before doing, and listen to older students
- Student must maintain academic standards
- Student must learn wound care, blood procedures, and basic taping
- Student must learn CPR, First Aid, and basic duties assigned by the staff athletic trainer

### Level Two Student Athletic Trainers:

- Continue to increase knowledge base and improve skill sets
- Learn anatomical structures and related vocabulary
- Assume more responsibility and be able to assist with spine boarding
- Learn modalities and advanced taping techniques
- Learn HOPS, SOAP notes, and emergency hand signals

### Level Three Student Athletic Trainers:

- Continue to improve and mentor younger students with educational opportunities
- Assist in the supervision of the other student athletic trainers
- Serve as a positive role model to the younger students
- Continue to prepare for a career in Athletic Training
- Know emergency hand signals and execute emergency action plans



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## Sport and Team Assignments

Sports assignments are not based on seniority. Assignments are based on need, Staff Athletic Trainer choice, academic eligibility, experience level, coach's request and lastly, student athletic trainer availability.

- Varsity sports will get preferential treatment as well as sports with high incidence of injury rate.
- Volleyball and Non-Football sports: students will cover one week of either AM or PM practice. This will happen on a rotation basis. All students will rotate to Volleyball and will be responsible for covering games that week as well.
- You must report to the training room with adequate time to prepare for the practice or event
- You must arrive at the practice site with needed supplies at least 5 minutes before the scheduled start time
- You will not leave the practice site unless there is an emergency or you are told to do so by the Athletic Trainer
- You are responsible for introducing yourself to the visiting team's athletic trainer and providing them with assistance and needed items. This also includes checking with them after the event has finished.
- When traveling to an away site, locate the athletic training room and meet the staff and students that will be covering the event.
- You should carry current emergency contact information with you at all times.

## Academic Eligibility:

*To participate in athletic training at Memorial High School, academic standards have been set by the University Interscholastic League (UIL), the governing body of Texas High School Athletics.*

- Members are expected to maintain an average of 70 and above in all classes.
- Members who fail a class during any six week grading period will become ineligible and placed on academic probation for the following three weeks. The member will still uphold all SAT responsibilities; however they will not be allowed to travel, dress out, sit with the team, or serve in a SAT capacity at events.
- After three weeks, a grade check will be completed. If the member is passing all classes, she/he may resume participation. If the member is failing a class, she/he will be placed on academic suspension for another 3 weeks.
- **Any member who obtains an average of below 70 for any two UIL Eligibility grading periods during the school year may be removed from the SAT program.**
- Members with a **75% or less** in any class during progress reporting may be assigned mandatory tutorials with that teacher.



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## **Probation**

Probation is a period designated in which the member continues to uphold all responsibilities of being a SAT member, but may not participate in events. A contract will be written and must be signed by the member, parent, and Staff ATs. If the reason for probation is not corrected within the time frame established, the member is subject to dismissal.

### **Reasons for Probation include but are not limited to:**

- An unexcused absence
- Being assigned administrative disciplinary consequences
- Repeated Violations of Conduct Expectations
- Failing one or more classes for a grading period which causes a member to become ineligible – see academic eligibility section.
- Be removed from another sport or club.
- Failing a FISS Drug Test.

*All Probation contracts will be handled on a case by case basis including the length of probation and events benched.*

## **Dismissal**

Dismissal involves a loss of membership from the organization. All school equipment and uniforms must be returned and all financial obligations must be cleared within one week of dismissal. Once a member has been dismissed, she/he loses all privileges of the organization. She/he will not be eligible to participate in the next year's tryout without approval from the Staff ATs and principal. In all cases of dismissal, the Staff ATs will confer with the principal of the school.

### **Reasons for Dismissal include but are not limited to:**

- Receipt of a third probation
- Accumulation of 3 unexcused absences
- Expulsion from school or SOC placement
- Breaking MHS and/or FISS Policy

## **Resignation**

Once a member has resigned from the organization, she/he forfeits all privileges of the organization. All equipment must be turned in and financial obligations cleared at the time of resignation. He/ She will not be eligible to participate in the next year's tryout without approval from the Staff ATs and principal.



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## Confidentiality

Student athletic trainers will maintain strict confidentiality of any situation regarding student-athlete injuries, return to play status, or other incidents involving student-athletes that may arise during the course of practice or events.

Pursuant to applicable statutes as set forth in the Texas Education Code, including but not limited to TEC 38.009, as well as the Federal Education Right to Privacy Act (FERPA) (20 U.S.C. § 1232g; 34 CFR Part 99), information regarding students shall not be divulged to any third party by unauthorized individuals; in addition, information may only be released by authorized individuals to parties with a legitimate purpose, as defined by the above statutes.

**Student athletic trainers are not considered to be authorized individuals, and as such, are not permitted to divulge any information to any third party.**

Student athletic trainers are not to disclose or discuss the specifics of **any** activities that could compromise competitive advantage that occur during practice or game events, either on the field, court, training room, weight room, or any other venue.

Disputes, disagreements, or differences between student athletic training staff that may arise during practice or game events shall be confined to the training room, and shall **not** be made public. ***This also includes via social media.*** Conflicts shall be resolved “in-house” utilizing appropriate resolution strategies with adult intervention as deemed appropriate; in the event that advanced conflict resolution is needed, appropriate channels shall be followed for further intervention.

Student athletic trainers who violate any aspect of these expectations shall be subject to disciplinary action as deemed appropriate by applicable disciplinary policy and/or staff athletic trainer discretion.

At **NO TIME** are you to make statements to or give information of any type to a member of the press, another athlete/student, other parents or anyone. **ALL INJURY INFORMATION IS STRICTLY CONFIDENTIAL AND NEEDS TO BE REPORTED TO THE ATHLETIC TRAINERS AS SOON AS POSSIBLE.** If anyone should ask you what happened, you simply tell them that you don't know or are not at liberty to say. At no time are you to discuss or give recommendations about an athlete's injury to a coach. That is the job of the Staff Athletic Trainer's.



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## **Letter Jacket Awards**

### Letter Jacket Policy

Student athletic trainers may be eligible for a letter jacket award at the discretion of the staff athletic trainer. Several factors dictate the awarding of letter jackets to student athletic trainers, including but not limited to the following:

- 1) Satisfactory demonstration of responsibilities with duties as assigned
- 2) Meeting appropriate behavioral expectations within classroom and athletic settings
- 3) Satisfactory fulfillment of attendance requirements
- 4) Exemplary work ethic and conduct during execution of duties
- 5) Satisfactory fulfillment of sport assignment expectations

Awarding of letter jackets shall be conducted in accordance with University Interscholastic League rules, and Frisco ISD Athletic Department policies. Additional patches, accessories, name plates, or other ancillary items shall be incurred at the student's expense.

The staff athletic trainer will have sole discretion in making determination of letter jacket award criteria for each student athletic trainer, and may utilize extenuating criteria specific to each student athletic trainer's consideration for a letter jacket award.





### Student Athletic Trainer Evaluation

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Grade: \_\_\_\_\_ Exp. Level: \_\_\_\_\_

Evaluation Scale: 5- Excellent / Outstanding SAT Signature: \_\_\_\_\_  
4 – Good / Above Average  
3 – Average  
2 – Fair / Below Average  
1 – Poor / Unsatisfactory

Area of Evaluation	Student	Staff
Attitude	_____	_____
Enthusiasm	_____	_____
Classroom Performance	_____	_____
Willingness to Learn	_____	_____
Reliability	_____	_____
Initiative	_____	_____
Ability to work with / respect Sports Medicine Dept.	_____	_____
Follow / Uphold Athletic Training room rules	_____	_____
Leadership	_____	_____
Appearance	_____	_____
Communication Skills	_____	_____
Self Confidence	_____	_____
Professional Promise	_____	_____

Please list at least three student athletic trainer traits / abilities that you believe to be your strengths: \_\_\_\_\_  
\_\_\_\_\_

Please list at least three student athletic trainer areas / abilities that you would like to improve on: \_\_\_\_\_  
\_\_\_\_\_

Student Athletic Trainer comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Staff Athletic Trainer comments: \_\_\_\_\_



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**Read and sign the document on the next page.**

**Lou Scala, MS, ATC, PES.**



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## **Student Athletic Training Handbook Agreement Form**

*I have read and understand the Student Agreement Form of the Student Athletic Trainer Handbook. I have read and understand that my involvement with the Student Athletic Trainer Program is contingent upon adhering to the expectations and policies set forth in the Student Athletic Trainer Handbook. I also understand that my signature below indicates full acceptance of and agreement to the contents of the Student Athletic Trainer Program Handbook, including any revisions that may be made after my initial participation in the program begins.*

**Student Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

*I have read and understand the Student Agreement Form of the Student Athletic Trainer Handbook. I have read and understand that my child's involvement with the Student Athletic Trainer Program is contingent upon adhering to the expectations and policies set forth in the Student Athletic Trainer Handbook. I also understand that my signature below indicates full acceptance of and agreement to the contents of the Student Athletic Trainer Program Handbook, including any revisions that may be made after my child's initial participation in the program begins.*

*I understand that my child's participation in this program is strictly voluntary, and not required as part of the Frisco ISD High School Graduation Plan requirements.*

**Parent Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

### **Web Page Release**

I, \_\_\_\_\_ the parent/guardian of \_\_\_\_\_, give Memorial High School Sports Medicine permission to display my child's picture on the district, campus, athletic and/or sports medicine websites.